NL-Rationen, pouch, BBE 11/2025		Nr 1, Code 32, 2025-11		Nr 2, Code 32, 2025-11		Nr 3, Code 32, 2025-11		Nr. 4, Code 32, 2025-11		Nr. 5, Code 32, 2025-11		Nr. 6, Code 32, 2025-11		Nr. 7, Code 32, 2025-11		Nr. 8, Code 32, 2025-11	
		kCal	kJ	kCal	kJ	kCal	kJ	kCal	kJ	kCal	kJ	kCal	kJ	kCal	kJ	kCal	kJ
Gesamt	Var.	4045	16924	4049	16940	4031	16867	4023	16835	3972	16620	4094	17128	3902	16325	4062	16997
Frühstück/Zwischengericht																	
Müsli	8	Corn Muesli	1799	Corn Muesli	1799	Chocolate muesli	1714	Chocolate muesli	1714	oat muesli with yoghurt and banana	1699	oat muesli with yoghurt and banana	1699	muesli popcorn	1653	muesli popcorn	1653
Vorsp./Dessert 2		Apple Blueberry Vanilla Muesli	1699	Apple Blueberry Vanilla Muesli	1699	Prune Amond and seeds porridge	1700	Prune Amond and seeds porridge	1700	plain porridge	1690	plain porridge	1690	rice pudding with cinnamon	1731	rice pudding with cinnamon	1731
Hauptgericht																	
Hauptgericht 1	14	Goreng Noodles	1924	Pasta Bolognese	1992	Mexican style tuna with pasta	1976	Rice stew with meatballs	2000	Spinach with meatballs	2244	Pasta bolognese	1992	chicken masala with rice	1960	chicken curry with potato	2560
Hauptgericht 2		Indian Rice Stew with chicken Meatba	2036	Chili Con Carne	1984	Italian Pasta Meal	1984	Potatoes, kale and sausage	1928	Italian Pasta Meal	1984	chicken tikka with rice	2744	hot chicken dish	2044	Potatoes, green beans and meatballs	2116
Sport-Getränke																	
Protein-Drink	1	Whey 100 Vanilla Milkshake	477	Whey 100 Vanilla Milkshake	477	Whey 100 Vanilla Milkshake	477	Whey 100 Vanilla Milkshake	477	--		--		---		---	
Iso-Drink 1	3	Grapefruit	320	Grapefruit	320	Grapefruit	320	Grapefruit	320	Grapefruit	320	Grapefruit	320	Grapefruit	320	Grapefruit	320
Iso-Drink 2		Exotic	320	Exotic	320	Grapefruit	320	Grapefruit	320	Exotic	320	Exotic	320	Exotic	320	Exotic	320
Iso-Drink 3		Orange flavour	324	Orange flavour	324	Exotic	320	Exotic	320	Exotic	320	Exotic	320	Orange flavour	324	Orange flavour	324
Iso-Drink 4		Orange flavour	318	Orange flavour	318	Orange flavour	324	Orange flavour	324	Orange flavour	324	Orange flavour	324	Orange flavour	318	Orange flavour	318
Zubehör																	
Kaugummi 1	2	spearmint		spearmint		spearmint		spearmint		spearmint		spearmint		spearmint		spearmint	
Kaugummi 2		peppermint		peppermint		peppermint		peppermint		peppermint		peppermint		peppermint		peppermint	
Vitamin D3 tablet	1	1x		1x		1x		1x		1x		1x		1x		1x	
anti-bacterial wipe		2x		2x		2x		2x		2x		2x		2x		2x	
Pack with 10 tissues		1x		1x		1x		1x		1x		1x		1x		1x	
Spoon		1x		1x		1x		1x		1x		1x		1x		1x	
Toothpicks		2x		2x		2x		2x		2x		2x		2x		2x	
Snacks																	
Kekse 1	2	Biscuits Wholegrain Biscuits 3x, je 16g	855	Biscuits Wholegrain Biscuits 3x, je 16g	855	Bisca Wholegrain Biscuits 3x, je 16g	855	Bisca Wholegrain Biscuits 3x, je 16g	855	Bisca Wholegrain Biscuits 3x, je 16g	855	Bisca Wholegrain Biscuits 3x, je 16g	855	Bisca Wholegrain Biscuits 3x, je 16g	855	Bisca Wholegrain Biscuits 3x, je 16g	855
Kekse 2		Orifo Biscuits Fruit, 95g	1838	Orifo Biscuits Fruit, 95g	1838	Orifo Biscuits Fruit, 95g	1838	Orifo Biscuits Fruit, 95g	1838	Orifo Biscuits Fruit, 95g	1838	Orifo Biscuits Fruit, 95g	1838	Orifo Biscuits Fruit, 95g	1838	Orifo Biscuits Fruit, 95g	1838
Kuchen	2	Vanilla Flavoured Cake, 85g	1414	Vanilla Flavoured Cake, 85g	1414	Lemon Flavoured Cake, 85g	1431	Lemon Flavoured Cake, 85g	1431								
Riegel	2	Cereal bar, Apple/Cinnamon flavour, 5	861	Cereal bar, Apple/Cinnamon flavour, 5	861	Cereal bar, Caramel flavour	868	Cereal bar, Caramel flavour	868								
Marmelade	3	Orifo Apricot Jam, 20g	225	Orifo Apricot Jam, 20g	225	Orifo Apricot Jam, 20g	225	Orifo Apricot Jam, 20g	225	Black Cherry Jam	219	Black Cherry Jam	219	Stroop Fruit spread		Stroop Fruit spread	
Aufstrich 1	3	Hazelnut spread with choco flavour, 20	501	Hazelnut spread with choco flavour, 20	501	Hazelnut spread with choco flavour, 20	501	Hazelnut spread with choco flavour, 20	501	Hazelnut spread with choco flavour, 20	501	Hazelnut spread with choco flavour, 20	501	Hazelnut spread with choco flavour, 20	501	Hazelnut spread with choco flavour, 20	501
Aufstrich 2		Peanut butter, 25g	612	Peanut butter, 25g	612	Peanut butter, 25g	612	Peanut butter, 25g	612	Farmhouse pate, 25g	215	Farmhouse pate, 25g	215	Farmhouse pate, 25g	215	Farmhouse pate, 25g	215
Nüsse	2									Cashew Nuts, roasted, unsalted, 40g	1001	Cashew Nuts, roasted, unsalted, 40g	1001	Peanuts, roasted, unsalted	1205	Peanuts, roasted, unsalted	1205
Beef Jerky	1									Beef Jerky, Original, 25g	323	Beef Jerky, Original, 25g	323	Beef Jerky, Original, 25g	323	Beef Jerky, Original, 25g	323
Schokolade	1									Dark chocolate, 40g	894	Dark chocolate, 40g	894	Dark chocolate, 40g	894	Dark chocolate, 40g	894
Süßigkeit	2									Liquorice sticks, 35g	506	Liquorice sticks, 35g	506	Jelly Beans, 30g	458	Jelly Beans, 30g	458
Warme Getränke + Gewürz																	
Suppe 1	3	vegetable broth (bouillon	77	vegetable broth (bouillon	77	vegetable broth (bouillon	77	vegetable broth (bouillon	77	vegetable broth (bouillon	77	vegetable broth (bouillon	77	vegetable broth (bouillon	77	vegetable broth (bouillon	77
Suppe 2		Curry Soup	257	Curry Soup	257	Curry Soup	257	Curry Soup	257	Beef Soup	222	Beef Soup	222	Beef Soup	222	Beef Soup	222
Gewürz	2	Spicy Sauce, 10g		Spicy Sauce, 10g		Spicy Sauce, 10g		Spicy Sauce, 10g		Italian style herbs, 2g		Spicy Sauce, 10g		Italian style herbs, 2g		Italian style herbs, 2g	
Pfeffer, 0,1g		1x		1x		1x		1x		1x		1x		1x		1x	
Salz, 2g		1x		1x		1x		1x		1x		1x		1x		1x	
Tee 1	3	Breakfast Tea		Breakfast Tea		Breakfast Tea		Breakfast Tea		Breakfast Tea		Breakfast Tea		Breakfast Tea		Breakfast Tea	
Tee 2		Green-tea		Green-tea		Green-tea		Green-tea		Green-tea		Green-tea		Green-tea		Green-tea	
Tee 3		Tea with lemon flavor		Tea with lemon flavor		Tea with lemon flavor		Tea with lemon flavor		Tea with lemon flavor		Tea with lemon flavor		Tea with lemon flavor		Tea with lemon flavor	
Kakao	1	Instant cocoa beverage powder	588	Instant cocoa beverage powder	588	Instant cocoa beverage powder	588	Instant cocoa beverage powder	588	Instant cocoa beverage powder	588	Instant cocoa beverage powder	588	Instant cocoa beverage powder	588	Instant cocoa beverage powder	588
Instant-Kaffee		3x		3x		3x		3x		3x		3x		3x		3x	
Zucker, je 5g		5x	425	5x	425	5x	425	5x	425	5x	425	5x	425	5x	425	5x	425
Kaffeeweißer, 2,5g		1x	54	1x	54	1x	54	1x	54	1x	54	1x	54	1x	54	1x	54